

USBC Gold Program Check List

Please submit a copy of this form with each standard as completed and keep a copy for your records.

Name: _____

Date: _____

Address: _____

Phone (Day): _____

City, State, Zip: _____

Phone (Eve): _____

E-Mail: _____

Cell Phone: _____

DISCIPLINE #1 – PHYSICAL GAME SKILLS, TACTICS AND STRATEGIES KNOWLEDGE

- | | Date Submitted |
|--|----------------|
| Standard #1 – Physical Game and Technique | |
| <input type="checkbox"/> Option #1 – Video / \$100 payment | _____ |
| <input type="checkbox"/> Option #2 – Gold Coach Sign-off “FORM A” | _____ |
| <input type="checkbox"/> Option #3 – Life Experience Documentation | _____ |
| Standard #2 – Video & Technology | |
| <input type="checkbox"/> Option #1 – Video (see D #1, S #1) | _____ |
| <input type="checkbox"/> Option #2 – Gold Coach Sign-off “FORM B” | _____ |
| <input type="checkbox"/> Option #3 – Proper Camera Positioning | _____ |
| Standard #3 – Adjustments | |
| <input type="checkbox"/> Option #1 – Additional Discussion at Validation | _____ |
| <input type="checkbox"/> Option #2 – Gold Coach Sign-off “FORM C” | _____ |
| Standard #4 – Lane Play | |
| <input type="checkbox"/> Required – Lane Play Knowledge Documentation | _____ |
| Standard #5 - Mental Game | |
| <input type="checkbox"/> Required – Mental Game Documentation | _____ |

DISCIPLINE #2 – EQUIPMENT SKILLS AND KNOWLEDGE

- | | |
|--|-------|
| Standard #1 – Fitting | |
| <input type="checkbox"/> Option #1 – IBPSIA or Jayhawk Certification | _____ |
| <input type="checkbox"/> Option #2 – IBPSIA Tech Sign-off “FORM D” | _____ |
| <input type="checkbox"/> Option #3 – Life Experience Documentation | _____ |
| Standard #2 – General Ball Dynamics and Layout | |
| <input type="checkbox"/> Option #1 – IBPSIA or Jayhawk Certification | _____ |
| <input type="checkbox"/> Option #2 – IBPSIA Tech Sign-off “FORM E” | _____ |
| <input type="checkbox"/> Option #3 – Life Experience Documentation | _____ |
| Standard #3 – Ball Surface Preparation | |
| <input type="checkbox"/> Option #1 – IBPSIA or Jayhawk Certification | _____ |
| <input type="checkbox"/> Option #2 – IBPSIA Tech Sign-off “FORM F” | _____ |
| <input type="checkbox"/> Option #3 – Life Experience Documentation | _____ |
| Standard #4 – Equipment Selection | |
| <input type="checkbox"/> Option #1 – Gold Coach Sign-off “FORM G” | _____ |
| <input type="checkbox"/> Option #2 – Ball Selection Chart “FORM H” | _____ |
| <input type="checkbox"/> Option #3 – Arsenal Documentation | _____ |
| Standard # 5 – Additional Equipment Selection | |
| <input type="checkbox"/> Required – Life Experience Documentation | _____ |

DISCIPLINE #3 – INSTRUCTIONAL AND COMMUNICATION SKILLS

- | | Date Submitted |
|--|----------------|
| Standard #1 – Team Coaching | |
| <input type="checkbox"/> Option #1 – Demonstrated Success | _____ |
| <input type="checkbox"/> Option #2 – Discussion on Team Tactics and Strategies | _____ |
| Standard #2 – Individual Lesson Process | |
| <input type="checkbox"/> Option #1 – Documented Success | _____ |
| <input type="checkbox"/> Option #2 – Additional Discussion at Validation | _____ |
| <input type="checkbox"/> Option #3 – Progress Development Notes | _____ |
| Standard #3 – Teaching Group Lessons, Camps and Clinics | |
| <input type="checkbox"/> Option #1 – Documentation of Estimated Lessons | _____ |
| <input type="checkbox"/> Option #2 – Documents of Events | _____ |
| <input type="checkbox"/> Option #3 – Demonstrate Team Work | _____ |
| Standard #4 – Public Speaking | |
| <input type="checkbox"/> Option #1 – Presentation Video | _____ |
| <input type="checkbox"/> Option #2 – Sign-off “FORM I” | _____ |
| <input type="checkbox"/> Option #3 – USBC Certification Evaluation(s) | _____ |
| Standard #5 – Mentoring | |
| <input type="checkbox"/> Required – Mentoring other Coaches | _____ |

DISCIPLINE #4 – NON SPORT SPECIFIC

- | | |
|---|-------|
| Standard #1 – Coaching Principles | |
| <input type="checkbox"/> Required – Copies of Certificates | _____ |
| Standard #2 – Safety / First Aid | |
| <input type="checkbox"/> Option #1 – Copies of Certificates | _____ |
| <input type="checkbox"/> Option #2 – Documentation of Advanced Training | _____ |
| Standard #3 – Marketing | |
| <input type="checkbox"/> Option #1 – Materials and Tactics Used | _____ |
| <input type="checkbox"/> Option #2 – Marketing Degree | _____ |

